

2015
Dixie Invitational Track and Field Meet

- Date:** Friday, April 17th 3:00 pm
Saturday, April 18th 9:00 am
- Who:** 1A-5A Track teams
- Where:** Dixie High School—St. George, Utah
350 East 700 South
- Awards:** Custom Medals 1st through 6th places open events and 1st through 3rd in relays.
- Cost:** \$90 for boys team, \$90 for girls team or \$10 per individual.
- Registration:** Closes Thursday, April 16th, 9:00 pm
Five athletes per event. Each school may enter one team in each relay race (no B-teams for relays or open events).
- Website:** Register your athletes at www.runnercard.com between April 7th and 9:00 pm April 16th.
- Questions:** Email or call if you have any questions:
- | | | |
|--------------|--|--------------|
| Paul Durrant | pdurrant@dmseagle.org | 435-669-7247 |
| Lee Goodrich | lgoodrich@dixiehigh.org | 435-668-7740 |
| Mike Bair | mbair@dixiehigh.org | 435-673-4682 |

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Schedule of events: Girls, then boys in all running events

Friday 4/17 (3:00 pm prelims)

Field events

1600 m **(Final-slow to fast)**

100/110 m Hurdles

100 m

400 m

300 Hurdles

200 m

Girls Disc (min 70)

Girls Long Jump (min 12-6)

Boys Shot (min 32)

Boys High Jump (start at 5-0)

Girls Javelin (min 70)

Saturday 4/18 (9:00am) Finals

3200 m

100/110 m Hurdles

100 m

400 m Relay

400 m

300 m Hurdles

800 m

1600 m Medley Relay

200 m

1600 m Relay

Girls Shot (min 20)

Girls High Jump (start at 4-0)

Boys Disc (min 100)

Boys Long Jump (min 16-6)

Boys Javelin (min 100)