

2017 Region 9 Championships

Track & Field Schedule

Wednesday May 10th

Running Events

Time	Event	Round	Time	Event	Round
4:00 PM	Girls 1600 Meter Run - Section 1	Finals	5:51 PM	Boys 400 Meter Dash - Section 1	Trials
4:10 PM	Boys 1600 Meter Run - Section 1	Finals	5:57 PM	Boys 400 Meter Dash - Section 2	Trials
4:20 PM	Girls 100 Meter Hurdles - Section 1	Trials	6:03 PM	Boys 400 Meter Dash - Section 3	Trials
4:26 PM	Girls 100 Meter Hurdles - Section 2	Trials	6:10 PM	Girls 300 Meter Hurdles - Section 1	Trials
4:32 PM	Girls 100 Meter Hurdles - Section 3	Trials	6:16 PM	Girls 300 Meter Hurdles - Section 2	Trials
4:39 PM	Boys 110 Meter Hurdles - Section 1	Trials	6:22 PM	Girls 300 Meter Hurdles - Section 3	Trials
4:45 PM	Boys 110 Meter Hurdles - Section 2	Trials	6:29 PM	Boys 300 Meter Hurdles - Section 1	Trials
4:51 PM	Boys 110 Meter Hurdles - Section 3	Trials	6:35 PM	Boys 300 Meter Hurdles - Section 2	Trials
4:57 PM	Girls 100 Meter Dash - Section 1	Trials	6:41 PM	Boys 300 Meter Hurdles - Section 3	Trials
5:03 PM	Girls 100 Meter Dash - Section 2	Trials	6:47 PM	Girls 1600 Meter Medley Relay - Section 1	Finals
5:09 PM	Girls 100 Meter Dash - Section 3	Trials	6:53 PM	Boys 1600 Meter Medley Relay - Section 1	Finals
5:15 PM	Boys 100 Meter Dash - Section 1	Trials	6:59 PM	Girls 200 Meter Dash - Section 1	Trials
5:21 PM	Boys 100 Meter Dash - Section 2	Trials	7:05 PM	Girls 200 Meter Dash - Section 2	Trials
5:27 PM	Boys 100 Meter Dash - Section 3	Trials	7:11 PM	Girls 200 Meter Dash - Section 3	Trials
5:33 PM	Girls 400 Meter Dash - Section 1	Trials	7:17 PM	Boys 200 Meter Dash - Section 1	Trials
5:39 PM	Girls 400 Meter Dash - Section 2	Trials	7:23 PM	Boys 200 Meter Dash - Section 2	Trials
5:45 PM	Girls 400 Meter Dash - Section 3	Trials	7:29 PM	Boys 200 Meter Dash - Section 3	Trials

Field Events

4:00pm	Girls Long Jump	Trials	5:30 PM	Girls Long Jump	Finals
4:00pm	Girls Shot Put	Trials	5:30 PM	Girls Shot Put	Finals
4:00pm	Girls Javelin	Trials	5:30 PM	Girls Javelin	Finals
4:00pm	Boys Discus	Trials	5:30 PM	Boys Discus	Finals
4:00pm	Boys High Jump	Finals			

Thursday May 11th

Time	Event	Round	Time	Event	Round
4:00 PM	Girls 3200 Meter Run - Section 1	Finals	5:28 PM	Girls 300 Meter Hurdles	Finals
4:16 PM	Boys 3200 Meter Run - Section 1	Finals	5:35 PM	Boys 300 Meter Hurdles	Finals
4:32 PM	Girls 100 Meter Hurdles	Finals	5:42 PM	Girls 800 Meter Run - Section 1	Finals
4:39 PM	Boys 110 Meter Hurdles	Finals	5:49 PM	Girls 800 Meter Run - Section 2	Finals
4:46 PM	Girls 100 Meter Dash	Finals	5:56 PM	Boys 800 Meter Run - Section 1	Finals
4:53 PM	Boys 100 Meter Dash	Finals	6:03 PM	Boys 800 Meter Run - Section 2	Finals
5:00 PM	Girls 4x100 Meter Relay - Section 1	Finals	6:10 PM	Girls 200 Meter Dash	Finals
5:07 PM	Boys 4x100 Meter Relay - Section 1	Finals	6:17 PM	Boys 200 Meter Dash	Finals
5:14 PM	Girls 400 Meter Dash	Finals	6:24 PM	Girls 4x400 Meter Relay - Section 1	Finals
5:21 PM	Boys 400 Meter Dash	Finals	6:31 PM	Boys 4x400 Meter Relay - Section 1	Finals

Field Events

4:00 PM	Boys Long Jump	Trials	5:30 PM	Boys Long Jump	Finals
4:00 PM	Boys Shot Put	Trials	5:30 PM	Boys Shot Put	Finals
4:00 PM	Boys Javelin	Trials	5:30 PM	Boys Javelin	Finals
4:00 PM	Girls Discus	Trials	5:30 PM	Girls Discus	Finals
4:00 PM	Girls High Jump	Finals			

Notes:

Field event officiating assignments: Shot – Dixie, Disc – Pine View, Javelin – Desert Hills,
High Jump – Snow Canyon, Long Jump – Hurricane

- Location Cedar HS
- Girls followed by boys in all running events.
- Limit 4 athletes per event.
- Limit 4 events per athlete.
- Limit 1 of each relay per team.
- Top 4 finishers in individual and relays will qualify for state.
- Scoring will be 8 places; 10, 8, 6, 5, 4, 3, 2, 1.
- Medals will be awarded to the top 3 finishers in individual events and to the top 3 relay teams.
- All distance races will be started in allies.
- 1600m relays will be a 3-turn stagger.
- Preferred lane will be lane 4 in all sprint & hurdle races and 400m relays.
- Preferred lane will be lane 1 in all distance races, medley relays and 1600m relays.