

Milford Invitational
April 13, 2013

Trials/Finals

9:30am 3200m Women (Finals)
3200m Men (Finals)

100m Hurdles Women (Finals) *
110m Hurdles Men (Finals) *
100m Women (Trials)
100m Men (Trials)
400m Women (Trials)
400m Men (Trials)
200m Women (Trials)
200m Men (Trials)

Field events Trials & Finals

9:00am High Jump Women
Long Jump Men
Javelin Women
Discus Women
Shot Put Men

11:00am High Jump Men
Long Jump Women
Javelin Men
Discus Men
Shot Put Women

Lunch Break

Finals

1:00pm
100m Women
100m Men
1600m Women
1600m Men
4x100m Relay Women
4x100m Relay Men
400m Women
400m Men
300m Hurdles Women (Finals)*
300m Hurdles Men (Finals)*
800m Women
800m Men
Medley Relay Women
Medley Relay Men
200m Women
200m Men
4x400m Relay Women
4x400m Relay Men

Weigh in from 8:30am until 9:30am

* 100/110 Hurdles in the morning as Finals only

* 300m Hurdles in the afternoon as Finals only