

2019 Provo, Skyridge, Timpanogos

This is a tentative schedule that may change according to scratches and additions.

Start Time	Gender	Event	Expected # Sections
3:30 PM	Girls	100mH	1
3:36 PM	Boys	110mH	1
3:44 PM	Girls	100m	6
3:59 PM	Boys	100m	8
4:19 PM	Girls	1600m	1
4:27 PM	Boys	1600m	1
4:34 PM	Girls	4x100m	1
4:37 PM	Boys	4x100m	1
4:40 PM	Girls	400m	3
4:49 PM	Boys	400m	3
5:03 PM	Girls	300mH	1
5:08 PM	Boys	300mH	1
5:16 PM	Girls	800m	1
5:19 PM	Boys	800m	1
5:23 PM	Girls	200m	5
5:35 PM	Boys	200m	7
5:53 PM	Coed	3200m	1
6:03 PM	Girls	4x400m	1
6:09 PM	Boys	4x400m	1