

# 2016 NEBO INVITATIONAL

## FRIDAY SEPTEMBER 23<sup>RD</sup> 2016

### SALEM HILLS HIGH SCHOOL

**Cost:** \$50.00 per team (\$100.00 per school) OR \$5.00 per runner. If more than 100 kids are on your team, it's an additional \$1.00 per athlete above 100. **MAKE CHECKS PAYABLE TO SALEM HILLS HIGH SCHOOL.**

**Schedule:**

Frosh/Soph JV Girls Race	3:30pm
Frosh/Soph JV Boys Race	4:00pm
Jr/Sr JV Girls Race	4:30 pm
Jr/Sr JV Boys Race	5:00 pm
Varsity Girls Race	5:30pm
Varsity Boys Race	6:00pm

**Awards:** Medals for the top 15 varsity runners  
Medals for the top 10 JV runners

**Trophies:** 1<sup>st</sup> and 2<sup>nd</sup> place varsity teams

**Directions:** Salem Hills High School, 150 N. Skyhawk Blvd. Salem, UT 84653

**From the North:** Exit I-15 at the Spanish Fork Exit 257. Turn left (South) onto Spanish Fork Main St/UT-156. Continue South through Spanish Fork and into Salem. The high school is on the right side of the road.

**From the South:** Exit I-15 at the Payson Exit 250. Turn Right onto Payson Main St. Turn LEFT onto E 100 N/STATE RD/UT-198. Stay on State Rd into Salem. The high school is on the left side of the road.

**Registration:** Meet Registration will be done through Runnercard. Please have all changes/additions made **NO LATER than TUESDAY, SEPTEMBER 20<sup>TH</sup> @ 10:00PM.**

**Contact info:** Please **email Bart** if you plan on attending! If you have any questions, please feel free to contact:

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