

2021 Region 3 Championships

95 Beetdigger Blvd - Sandy, UT

May 12, 2021 - May 13, 2021

Meet Program

Girl's 100 Meter Hurdles Varsity

Final

Section 1 of 1

1) Sarah Swett	Jr	RIVT	16.792
2) Mackenzie Harris	So	BING	16.475
3) Brielle Davis	Jr	CPRH	16.170
4) Eliza Smith	Jr	BING	15.138
5) Nadine Dumsa	Sr	JRDN	15.807
6) Kirsten Oldham	So	JRDN	16.399
7) Isabella Roller	Sr	RIVT	16.626
8) Tessa Densley	So	BING	17.413

Boy's 110 Meter Hurdles Varsity

Final

Section 1 of 1

1) Daniel Parker	Jr	BING	17.507
2) Simon Kerr	Jr	HERR	16.960
3) Samuel Adams	Jr	CPRH	16.414
4) Trey Traver	Sr	CPRH	15.566
5) Garrett Ediger	Sr	CPRH	16.233
6) Joshua Hodgkin	Jr	CPRH	16.838
7) Anthony Wallace	Sr	WEST	17.082
8) Alex Bendixsen	Sr	CPRH	17.628

Girl's 100 meter Varsity

Final

Section 1 of 1

1) Elle Jacobson	So	JRDN	13.237
2) Emily Miller	Sr	BING	13.125
3) Berkley Dymock	Jr	RIVT	12.939
4) Shelbie Workman	Jr	BING	12.570
5) Angelina Appel	Fr	BING	12.721
6) Ella Willardson	So	HERR	13.005
7) Levani Key	Fr	BING	13.146
8) Baylee Beck	Fr	CPRH	13.242

Boy's 100 meter Varsity

Final

Section 1 of 1

1) Joshua Baker	Sr	RIVT	11.564
2) Bryan Hope	Sr	WEST	11.422
3) Zeth Hein	Sr	CPRH	11.230
4) Cody Hone	Jr	BING	11.201
5) Clarence Butler	Sr	WEST	11.210
6) Zaiden Wright	Sr	BING	11.391
7) Hussain Ahmadi	Sr	HERR	11.445
8) Dante Martin	Sr	JRDN	11.573

Boy's 1600 meter Varsity

Timed Finals

Section 1 of 2

1) Cade Ramsey	Jr	HERR	4:53.72
2) Tanner Orton	Fr	BING	4:54.40
3) Nathan Wardle	Fr	HERR	4:54.49
4) Braden Smith	So	CPRH	4:55.26
5) Santiago Ibarra	Sr	WEST	4:57.83
6) Tyler Shumway	Sr	WEST	4:58.23
7) Tekehu Munanui	Fr	CPRH	4:59.41
8) Michael Ballard	So	CPRH	4:59.86
9) Isaac Allen	Fr	BING	5:00.66
10) Bridger Kelley	So	BING	5:01.98
11) Kaden Rapoza	Jr	JRDN	5:02.25
12) Kolter Parkin	Fr	JRDN	5:02.87
13) Ty Goldfine	So	JRDN	5:06.84
14) Andrew Dunstan	Jr	WEST	5:08.50
15) Justin Evans	Sr	CPRH	5:08.73
16) Isaac Morrison	So	JRDN	5:14.15

Section 2 of 2

1) Jake Seegmiller	So	RIVT	4:21.81
2) Evan Harris	Sr	HERR	4:24.40
3) Luke Beckstrom	Sr	HERR	4:24.50
4) Tyler McDougal	So	RIVT	4:29.27
5) Jacob Jeffrey	So	JRDN	4:37.35
6) Sam Sorensen	So	BING	4:37.43
7) Peter Young	Sr	BING	4:38.23
8) Spencer Sharp	Jr	RIVT	4:38.37
9) Magnus Tveit	Sr	WEST	4:40.15
10) Andrew Ludwig	Fr	RIVT	4:41.22
11) Luke Briggs	So	HERR	4:42.87
12) Weston Smith	Sr	RIVT	4:44.26
13) Kason Palmer	Jr	CPRH	4:47.87

Girl's 4x100 Varsity

Timed Finals

Section 1 of 1

2) Jordan HS A	52.46
Alyssa West (Fr), Elle Jacobson (So), Kirsten Oldham (So), Aspen Brown (So), Sydney Archer (So), Hailey Hendrickson (Sr)	
3) Copper Hills HS A	51.33
Baylee Beck (Fr), Brielle Davis (Jr), Whitley Kidd (Fr), Ashlynn Allphin (Fr), Ellie Earl (Jr), Sadie Stock (Sr)	
4) Bingham HS A	48.81
Shelbie Workman (Jr), Emily Miller (Sr), Levani Key (Fr), Angelina Appel (Fr), Renni Hall (Fr), Eliza Smith (Jr)	
5) Riverton HS A	50.72
Berkley Dymock (Jr), Gabriella Fenn (Fr), Sarah Swett (Jr), Isabella Roller (Sr), Marissa Jennings (So), Halle Steere (Sr)	
6) Herriman HS A	52.27
Jasmine Jones (So), Ella Willardson (So), Savannah Hadley (So), Ashlynn Allphin (Fr), Brielle Lampright (So), Natalie French (Sr)	
7) West HS A	53.8
Ella Thompson (Fr), Greeley Johnson (Jr), Allyson Olson (Fr), Brynna Shale (Jr), Alicea Jolley (Fr), Elizabeth Pappas (Fr)	

Boy's 4x100 Varsity

Timed Finals

Section 1 of 1

2) Herriman HS A	45.54
Dashaun Freeman (So), Bradley Hyer (Fr), Semisi Fifita (Fr), Forest Mead (So), Hussain Ahmadi (Sr), Tj Schneider (Fr)	
3) Bingham HS A	43.76
Parker Sanford (So), Zaiden Wright (Sr), Cameron Mamalis (So), Cody Hone (Jr), Carson Stettler (Fr), Wilson Juan (Sr)	
4) Riverton HS A	43.48
Aaron Abercrombie (Sr), Joshua Baker (Sr), Andy Nguyen (Jr), Colin Hague (Jr), Revanth Sindi (Jr), Daniel Wardle (So)	
5) Copper Hills HS A	43.58
Samuel Adams (Jr), Zeth Hein (Sr), Benjamin Bohne (Sr), Trey Traver (Sr), Kenyon Williams (So), Tyler Oldroyd (Fr)	
6) West HS A	45.2
Clarence Butler (Sr), Nico Rubio (Jr), Patrick Dzierzon (Jr), Bryan Hope (Sr), Anthony Wallace (Sr), Jesus Grado (So)	
7) Jordan HS A	45.61
Jamarcus Smith (Jr), Derrell Nichols (Fr), Dante Martin (Sr), Trey Tinsley (Sr), Caleb White (So)	

Girl's 400 meter Varsity

Final

Section 1 of 1

1) Elyse Gibson	So	CPRH	1:03.292
2) Angela Knobel	Jr	RIVT	1:02.442
3) Whitley Kidd	Fr	CPRH	1:01.604
4) Audrey Hales	So	HERR	1:00.240
5) Taylor O'Farrell	Jr	RIVT	1:00.776
6) Emerald Kehr	So	WEST	1:01.656
7) Addison Gibson	Jr	RIVT	1:03.021
8) Naiya Coffman	Jr	CPRH	1:04.082

Boy's 400 meter Varsity

Final

Section 1 of 1

1) McKay Hunter	Sr	BING	53.828
2) Heston Nigh	Sr	BING	53.171
3) Jacob Fuhrman	Sr	BING	52.476
4) Aaron French	Fr	HERR	51.704
5) Samuel Lindsay	Sr	JRDN	52.292
6) Ethan Colton	Sr	CPRH	52.689
7) Nathan Glenn	Jr	RIVT	53.569
8) Logan Maxfield	Jr	RIVT	54.417

Girl's 300 Meter Hurdles Varsity

Final

Section 1 of 1

1) Mackenzie Harris	So	BING	50.780
2) Nadine Dumsa	Sr	JRDN	50.718
3) Greeley Johnson	Jr	WEST	49.746
4) Eliza Smith	Jr	BING	48.625
5) Alexis Shelton	Fr	BING	49.716
6) Tessa Densley	So	BING	50.143
7) Annie Peterson	Fr	BING	50.747
8) Kara Quincy	Jr	CPRH	51.143

Boy's 300 Meter Hurdles Varsity

Final

Section 1 of 1

1) Connor Bastian	Sr	BING	44.289
2) Cameron Mamalis	So	BING	42.743
3) Simon Kerr	Jr	HERR	42.351
4) Forest Mead	So	HERR	41.408
5) Samuel Adams	Jr	CPRH	42.079
6) Alex Bendixsen	Sr	CPRH	42.380
7) Trey Traver	Sr	CPRH	43.317
8) Daniel Parker	Jr	BING	44.444

Girl's 800 meter Varsity

Timed Finals

Section 1 of 2

1) Dani Newbold	Jr	RIVT	2:35.10
2) Savannah Davies	Fr	CPRH	2:35.35
3) Becca Ferre	So	BING	2:37.36
4) Morgan Hatch	Jr	HERR	2:40.97
5) Madisyn Barker	Jr	HERR	2:42.90
6) Kennedy Swain	Jr	RIVT	2:45.24
7) McKella Leeper	Jr	HERR	2:46.25
8) Andilusia Manwaring	Fr	CPRH	2:50.08
9) Emma Merrill	Sr	WEST	2:52.45
10) Breanna Maughan	Fr	WEST	3:01.22
11) Ava Buxton	So	JRDN	3:01.76
12) Ryann Hansen	So	JRDN	3:03.47
13) Eve Goddard	So	WEST	3:05.03
14) Sarah Mielke	Jr	JRDN	3:05.14
15) Sulyn Gibbons	So	WEST	3:13.21

Section 2 of 2

1) Natalie Swain	So	BING	2:19.72
2) Addi Bruening	Jr	HERR	2:20.55
3) Maggie Featherstone	So	HERR	2:20.84
4) Angela Knobel	Jr	RIVT	2:21.00
5) Emerald Kehr	So	WEST	2:22.20
6) Addison Gibson	Jr	RIVT	2:24.00
7) Hailey Kidd	Sr	CPRH	2:26.21
8) Ashlea Larson	Jr	RIVT	2:26.91
9) Emma Hooper	Jr	BING	2:28.13
10) Avery Benson	So	BING	2:31.61
11) Sarah Seamons	Fr	JRDN	2:32.80
12) Elyse Gibson	So	CPRH	2:32.96
13) Abby Sorensen	Sr	BING	2:33.23

14) Kaitlin Johnson So CPRH 2:34.12

Boy's 800 meter Varsity
Timed Finals

Section 1 of 2

1) Broc Traver So CPRH 2:12.88
 2) Zachary Matz So RIVT 2:12.89
 3) Adam Willis Jr RIVT 2:13.17
 4) Isaac Rogers Jr WEST 2:13.29
 5) Ethan Colton Sr CPRH 2:14.47
 6) Bridger Kelley So BING 2:14.57
 7) Justin Evans Sr CPRH 2:14.90
 8) Andrew Poelman So JRDN 2:14.95
 9) Tekehu Munanui Fr CPRH 2:15.20
 10) Andrew Dunstan Jr WEST 2:15.92
 11) Kolter Parkin Fr JRDN 2:17.10
 12) Isaac Allen Fr BING 2:20.82
 13) Isaac Morrison So JRDN 2:28.00
 14) Nate Coop Fr JRDN 2:40.98
 15) Hayden Walker Sr RIVT NM

Section 2 of 2

1) William Horne So HERR 2:00.78
 2) Luke Beckstrom Sr HERR 2:01.59
 3) Geoffrey Tucker Sr RIVT 2:04.00
 4) Kadan Allen So HERR 2:04.52
 5) Reis Tveit Sr WEST 2:04.54
 6) Sam Sorensen So BING 2:05.09
 7) Logan Dana Sr HERR 2:05.37
 8) Carson Reading Sr HERR 2:06.21
 9) Santiago Ibarra Sr WEST 2:07.54
 10) Peter Young Sr BING 2:08.48
 11) Scott Ray Sr RIVT 2:08.65
 12) Samuel Lindsay Sr JRDN 2:10.05
 13) Tanner Orton Fr BING 2:11.49
 14) Michael Ballard So CPRH 2:12.10
 15) Conlin Patch Fr WEST 2:12.12

Girl's 200 meter Varsity
Final

Section 1 of 1

1) Alyssa West Jr JRDN 27.187
 2) Emily Miller Sr BING 26.428
 3) Ella Willardson So HERR 26.390
 4) Angelina Appel Fr BING 25.600
 5) Shelby Workman Jr BING 26.143
 6) Berkley Dymock Jr RIVT 26.420
 7) Baylee Beck Fr CPRH 26.975
 8) Audrey Hales So HERR 27.207

Boy's 200 meter Varsity
Final

Section 1 of 1

1) Dante Martin Sr JRDN 23.167
 2) Benjamin Bohne Sr CPRH 23.088
 3) Zeth Hein Sr CPRH 22.833
 4) Cody Hone Jr BING 22.330
 5) Joshua Baker Sr RIVT 22.451
 6) Andy Nguyen Jr RIVT 23.054
 7) Parker Sanford So BING 23.149
 8) Kenyon Williams So CPRH 23.379

Girl's 3200 meter Varsity
Timed Finals

Section 1 of 1

1) Natalie Swain So BING 11:05.98
 2) Sydney Horner Jr RIVT 11:28.55
 3) Hailey Kidd Sr CPRH 11:34.45
 4) Brooklyn Smith Sr HERR 11:46.73
 5) Emma Lund Jr HERR 12:11.70
 6) Maggie Lund Fr RIVT 12:15.78
 7) Adrienne Hamilton Sr RIVT 12:16.78
 8) Abby Sorensen Sr BING 12:18.47
 9) Becca Romney Sr HERR 12:19.06
 10) Ryann Jones So RIVT 12:27.78
 11) Claire Stephenson Jr HERR 12:28.16
 12) Karli Jensen Jr RIVT 12:35.13
 13) Nicole Schreiber Jr JRDN 12:54.03
 14) Andilusia Manwaring Jr CPRH 12:54.80
 15) Hope Miller Sr BING 13:00.02

16) Bethany Esplin Jr BING 13:02.38
 17) Lucy Lovell Sr JRDN 13:12.70
 18) Kali Woolf So HERR 13:13.35
 19) Ella Nielsen Fr BING 13:33.17
 20) Emma Merrill Sr WEST 14:28.57
 21) Breanna Maughan Fr WEST 14:45.07

Girl's 4x400 Varsity
Timed Finals

Section 1 of 1

1) Herriman HS A 4:11.44
 Audrey Hales (So), Maggie Featherstone (So), Natalie French (Sr), Addi Bruening (Jr), Rachel Crosby (Fr), Kate Garner (Fr)
 2) Bingham HS A 4:13.97
 Tessa Densley (So), Emma Hooper (Jr), Avery Benson (So), Eliza Smith (Jr), Mackenzie Harris (So), Alexis Shelton (Fr)
 3) Copper Hills HS A 4:19.64
 Naiya Coffman (Jr), Elyse Gibson (So), Kaitlin Johnson (So), Whitley Kidd (Fr), Savannah Davies (Fr), Cambrie Babcock (Fr)
 4) Riverton HS A
 Taylor O'Farrell (Jr), Addison Gibson (Jr), Angela Knobel (Jr), Ashlea Larson (Jr), Dani Newbold (Jr), Analei Chu Shing (So)
 5) West HS A
 Greeley Johnson (Jr), Emerald Kehr (So), Brynna Shale (Jr), Ella Thompson (Fr), Acacia Ott (Sr), Alicea Jolley (Fr)

Boy's 4x400 Varsity
Timed Finals

Section 1 of 1

1) Bingham HS A 3:30.65
 Heston Nigh (Sr), McKay Hunter (Sr), Dallin Teeple (Sr), Jacob Fuhiman (Sr), Daniel Parker (Jr), Zachary York (So)
 2) Riverton HS A 3:34.00
 Nathan Glenn (Jr), Gage Allan (Jr), Tj Warnick (Sr), Aaron Abercrombie (Sr), Tyler McDougal (So), Geoffrey Tucker (Sr)
 3) Herriman HS A 3:35.09
 Aaron French (Fr), Carson Reading (Sr), William Horne (So), Luke Beckstrom (Sr), Kadan Allen (So), Logan Dana (Sr)
 4) Copper Hills HS A 3:39.92
 Rudy Cordova (Sr), Kenyon Williams (So), Alex Bendixsen (Sr), Ethan Colton (Sr), Tyler Oldroyd (Fr), Garrett Ediger (Sr)
 5) Jordan HS A 3:45.50
 Samuel Lindsay (Sr), Henry Karras (Fr), Donovan Ngassa (Jr), Kaden Rapoza (Jr), Kolter Parkin (Fr), Andrew Poelman (So)
 6) West HS A
 Bryan Hope (Sr), Magnus Tveit (Sr), Santiago Ibarra (Sr), Reis Tveit (Sr), Jesus Grado (So), Orrin Borden (Jr)

Girl's Discus Varsity
Trials

Flight 1 of 2

1) Damelys Borrego Rubio Jr WEST 59-08
 2) Annie Barlow Jr JRDN 64-02
 3) Lavinia Fifita Jr WEST 65-11
 4) Emma Bodily Sr CPRH 66-06
 5) Makenna Steeneck Fr RIVT 67-02
 6) Alyson Ordyna Fr BING 68-01
 7) Addison Smith Sr BING 68-04
 8) Keilani Ngatuvai Jr BING 71-01

Flight 2 of 2

1) Tiernyn Leulual Jr CPRH 74-05
 2) Aja Rytting Jr RIVT 75-05
 3) Talia Poulson Jr WEST 77-02
 4) Marin Freeland Sr HERR 79-07
 5) Danielle Morgan Sr BING 83-08
 6) Jocelyn Ordyna Jr BING 91-11
 7) Hannah Parry Jr CPRH 94-03
 8) Kalo Fifita So HERR 113-02
 9) Talaloa Sitauti Sr WEST 136-05

Boy's Shot Put Varsity
Trials

Flight 1 of 2

1) Hayden Peterson Sr BING 28-07.25
 2) Trent Oldham Sr JRDN 29-06.50
 3) Brett Martin Sr BING 29-07.50
 4) Erik Hilton Sr JRDN 30-07.50
 5) Brandon Johanson Jr BING 31-02.00
 6) Doruk Toydemir Jr WEST 32-03.00
 7) Dominic Barela So CPRH 32-08.50
 8) Matthew Allred So CPRH 33-05.50
 9) Eli James Jr HERR 33-09.50
 10) Jacob Tonumaipaea So WEST 34-09.00

Flight 2 of 2

1) Mason Pettit So CPRH 36-01.00
 2) Caden Samuelson Jr CPRH 36-02.50
 3) Trevor Belnap Sr RIVT 36-06.00
 4) Elijah Martin Sr JRDN 36-08.00
 5) David Peck Jr WEST 37-01.50
 6) Wyatt Jensen Sr HERR 37-03.50
 7) Bradley Thornton Sr WEST 37-09.50
 8) Diego Grateron Jr BING 39-00.00
 9) Walter Reed Sr CPRH 42-03.00
 10) Sonasi Pouha So BING 46-09.50

Boy's High Jump Varsity
Finals

Flight 1 of 1

1) Willem Jacobsen Fr WEST NM
 2) Magnus Tveit Sr WEST 4-10.00
 3) Kyle James So RIVT 5-00.00
 4) Henry Rogers Sr WEST 5-02.00
 5) Mikey Sumsion Jr BING 5-02.00
 6) Miles Miller Jr BING 5-02.00
 7) Norman Stapley Jr HERR 5-02.00
 8) Maxwell Cannon Sr HERR 5-02.00
 9) Scott Ray Sr RIVT 5-02.00
 10) Alfredo Galvez So WEST 5-04.00
 11) Mason Worlton Sr HERR 5-04.00
 12) Colter Ganske Sr CPRH 5-04.00
 13) Zaiden Wright Sr BING 5-06.00
 14) Tanoai Vehikite Jr BING 5-06.00
 15) Hayden Shepherd Jr CPRH 5-06.00
 16) Jackson Allfrey Sr CPRH 5-06.00
 17) Donovan Ngassa Jr JRDN 5-10.00
 18) Camden Gagnier Jr JRDN 6-00.00
 19) Brayden Whitehead So BING 6-00.00

Girl's Long Jump Varsity
Trials

Flight 1 of 2

1) Taylor O'Farrell Jr RIVT NM
 2) Jaiden Taylor Sr CPRH 12-00.00
 3) Alicea Jolley Fr WEST 12-06.50
 4) Kara Quincy Jr CPRH 12-09.00
 5) Bailey Olsen Jr HERR 13-00.00
 6) Addison Freeland Jr HERR 13-05.00
 7) Gracie Douglas Sr HERR 13-07.00
 8) Emily Williamson Jr WEST 13-08.00
 9) Hope Thomas Sr RIVT 14-00.00
 10) Alexa Herrera Jr BING 14-02.00
 11) Taylor Coon Sr CPRH 14-04.00
 12) Brynna Shale Jr WEST 14-06.00
 13) Jasmine Jones So HERR 14-08.00

Flight 2 of 2

1) Holly Snow Jr BING 15-02.50
 2) Isabella Roller Sr RIVT
 3) Lydia Ferguson So HERR 15-06.50
 4) Ellie Taylor Fr CPRH 15-06.50
 5) Alyssa West Jr JRDN 15-08.00
 6) Emmalee Warner So BING 15-09.00
 7) Mackenzie Harris So BING 15-09.00
 8) Elle Jacobson So JRDN 16-01.00
 9) Jordan Down Sr CPRH 16-03.25
 10) Berkley Dymock Jr RIVT 16-03.50
 11) Nadine Dumsa Sr JRDN 16-05.00
 12) Kirsten Oldham So JRDN 16-11.00
 13) Levani Key Fr BING 18-00.00

Girl's Pole Vault Varsity
Finals

Flight 1 of 1

1) Kennadie Wilkinson So RIVT NM
 2) Aubrey Andrus Jr RIVT 6-09.00
 3) Rebekah Smith So CPRH 6-09.00
 4) Abbie Wilson So RIVT 7-03.00
 5) Abby Coleman Jr RIVT 7-06.00
 6) Sabine Griffiths So HERR 7-09.00
 7) Aaleiah Porter-Gyll Fr HERR 8-03.00
 8) Rylan Marin Fr BING 8-09.00
 9) Sydney Anderson Sr CPRH 9-03.00
 10) Victoria Ekins Sr HERR 9-09.00
 11) Hope Thomas Sr RIVT 10-00.00

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| 12) Graison Oberman | Jr | BING | 10-09-00 |
| 13) Brielle Davis | Jr | CPRH | 12-09-00 |

Boy's Javelin Varsity

Trials

Flight 1 of 2

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|---------------------|----|------|--------|
| 1) Doruk Toydemir | Jr | WEST | 66-04 |
| 2) Jacob Tonumaiepa | So | WEST | 79-09 |
| 3) Zack Johnson | Jr | JRDN | 102-02 |
| 4) Erik Hilton | Sr | JRDN | 102-08 |
| 5) Brandon Johanson | Jr | BING | 104-04 |
| 6) Brett Martin | Sr | BING | 105-00 |
| 7) Bradley Thornton | Sr | WEST | 107-02 |
| 8) Josh Salisbury | So | BING | 107-06 |
| 9) David Parry | Sr | CPRH | 111-00 |

Flight 2 of 2

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|----------------------|----|------|--------|
| 1) Jackson Johns | Jr | BING | 117-06 |
| 2) Gavin Nielsen | Sr | WEST | 117-11 |
| 3) Gavin Pate | Jr | HERR | 118-00 |
| 4) Benjamin Fielding | Sr | CPRH | 123-00 |
| 5) Nathan Kitchen | Fr | CPRH | 129-05 |
| 6) Bryton Orgill | Sr | CPRH | 129-11 |
| 7) Damon Sirois | So | CPRH | 132-06 |
| 8) Hunter Alba | Jr | BING | 134-05 |
| 9) Kadan Allen | So | HERR | 139-07 |
| 10) Eli James | Jr | HERR | 147-06 |
| 11) Wyatt Jensen | Sr | HERR | 159-11 |