

Region I Track & Field Championships Schedule of Events 2017
May 10th and 11th @ Fremont High School
1900 N. 4700 West
Plain City Ut. 84404
Coaches Meeting 3:00

Day 1 Schedule of Events

Track Start Time: 3:30 PM

Girl's 100m Hurdles – Trials
Boy's 110m Hurdles – Trials
Girl's 100m Dash – Trials
Boy's 100m Dash – Trials
Girl's 1600m Run – Finals
Boy's 1600m Run – Finals
Girl's 400m Dash – Trials
Boy's 400m Dash – Trials
Girl's 300m Hurdles – Trials
Boy's 300m Hurdles – Trials
Girl's 200m Dash – Trials
Boy's 200m Dash – Trials
Girl's Medley Relay - Finals
Boy's Medley Relay - Finals

Field Start Time: 3:30 PM

Boy's Discus
Boy's High Jump
Girl's Javelin
Girl's Long Jump
Girl's Shot Put

Day 2 Schedule of Events

Track Start Time: 3:30 PM

Runoff's if Necessary
Girl's 3200m Run – Finals
Boy's 3200m Run – Finals
Girl's 100m Hurdles – Finals
Boy's 110m Hurdles – Finals
Girl's 100m Dash – Finals
Boy's 100m Dash – Finals
*Girl's 4 x 800 Exhibition
Girl's 4 x 100m Relay – Finals
Boy's 4 x 100m Relay – Finals
Girl's 400m Dash – Finals
Boy's 400m Dash – Finals
*15 min Break
Girl's 300m Hurdles – Finals
Boy's 300m Hurdles – Finals
Girl's 800m Run – Finals
Boy's 800m Run – Finals
Girl's 200m Dash – Finals
Boy's 200m Dash – Finals
*Boy's 4 x 800 Exhibition
Girl's 4 x 400m Relay – Finals
Boy's 4 x 400m Relay – Finals

Field Start Time: 3:30 PM

3:30 Boy's Javelin
Boy's Long Jump
Boy's Shot Put
Girl's Discus
Girl's High Jump

*The 4 x 800m Relays are non-scoring relays to provide rest time between the between events.

***Pole Vault will be held at Weber on May 9th at 3:30pm**