



District 2 -5A Track and Field Championships
Julius and Irene Lowenberg Stadium
April 4 – April 8, 2022

1. Meet information will be posted on runnercard.com. Runnercard will close on Saturday, April 2nd at 7:00 p.m.
2. UIL official entry form is due Thursday, March 31, by 6:00 p.m. Please email to sbrooks@canutillo-isd.org. Please make sure they are signed by your administrator and include your alternates. Varsity only. Remember, athletes must be on this form if they are to compete at the varsity level.
3. Top 8 qualifying times advance to the finals on Friday.
4. The contestant can now choose from any three running events without restriction to the distance of the races.
5. Relay cards are to be submitted to the tent or Meet Director before the start of competition on Friday, April 8.
6. An athlete may be scratched, and the alternate may be entered before competition starts for that day, with no penalty to the scratched athlete. If an athlete is scratched and an alternate replaces him/her after the competition begins for that day, then the scratched athlete may not compete for the remainder of the meet.
7. In all horizontal jumps and throws, each competitor will be allowed 3 preliminary jumps or throws and the top 8 will move to the finals for 3 subsequent jumps or throws. All levels. If there are 16 or more athletes entered for field events, two flights will be created. Athletes with the best entered marks will be placed into the last flight. The top 8 finalists will jump or throw in reverse order, (worst to best)
8. Pole Vault certification sheets are due at weigh in. Your athletes may begin weighing in on Monday, April 4, at 1:30 p.m. Weigh in will be outside of the Field House. All pole vaulters will be weighed and must have their PV poles with them at that time to make sure they are legal poles for that jumper. Only manufacturers Pole Rating marks are acceptable.
9. Shot Put and Discus will be weighed, marked and pooled at the discus and shot put area (lower grass field). If an implement fails, it will be confiscated until end of competition Thursday. Athletes may begin weighing in implements by 1:30 p.m. We will stop weighing in implements 30 minutes prior to the start of competition. Please make sure your athletes get these weighed in on time.
10. A competitor in a field event that leaves to run a preliminary race must return to the field event within 10 minutes from the end of their heat. A competitor will not leave his/her field event without notifying the Field Judge for that event. Upon return, the competitor will notify the Field Judge.

11. All parents and spectators must remain in the stands. There will be a designated coach's box clearly marked for coaches.
12. No electronic equipment is allowed on the infield. That includes phones. Electronic imagery may be viewed by an athlete with their assigned coach during the competition, only in the Coach's Box. Radios, speakers, walkie talkies or other sound devices are not permitted in the stands or in competition.
13. An athlete checked into a competition must be in full uniform. The uniform must be worn during check in.
14. All relay members must have matching uniforms. Please read Uniform Rule 4-3-1- 7.
15. Shorts must be worn at the waist and not rolled down. Skin may not be showing at the midriff when the athlete checks in.
16. Tape and tennis balls will be allowed on the track, but please have your athletes remove their marks at the conclusion of their race. No sharp objects, sand, or rocks are allowed on runways to be used as markers. No chalk.
17. Chalk, tennis balls, rubber markers will be allowed for the HJ, LJ, TJ. No sharp objects, sand, or rocks are allowed on runways to be used as markers.
18. In order to file a protest of an official ruling, the following guidelines must be followed: All protests of a referee's decision must be submitted in writing to our designated Meet Referee, Maria Barros. The protest must be filed within 30 minutes following the official posting of results.
19. PROFANITY, AND/OR ANY UNSPORTSMANLIKE BEHAVIOR WILL NOT BE TOLERATED. An athlete that shows unsportsmanlike behavior may be disqualified from the event, and any points scores will not be awarded to the school. An athlete that addresses unsportsmanlike behavior towards another may be removed from the meet, and no points scored will be awarded.
21. No food, sodas, or Gatorade are permitted on the infield or track surfaces. Water only.
22. We will recognize our District 2-5A seniors. Please send me a list of your seniors by Friday, April 1 by 10:00a.m. rgalaviz@canutillo-isd.org

**Canutillo Independent School District
2022 District 2-5A Track and Field Championships**

Meet Director: Canutillo High School
Meet Referee: Maria Barros
Starter: Scott Brooks
Assistant Starter: Fiacro Ramirez
FAT: John Erfort & Jon Porras
Announcer:
Athletic Trainers: Chris Driskill & Linda
Clerk of the Course: Sharon Norris
Clerk of the Course:
Head Finish: Larry Morales
Discus/Shot Put Weigh: Louie Alvarado
Pole Weigh: Ruben Galaviz
Hurdle Setters: Tim Kirby & Canutillo Football
Medals:
Concession Stand: CHS Track and Field

School Work Assignments:

Discus	Bel Air & Horizon
Pole Vault	Del Valle
Long Jump	El Dorado
High Jump	Hanks
Shot Put	Parkland
Triple Jump	Ysleta

4X100: 1ST EXCHANGE: Canutillo/Bel Air
2nd EXCHANGE: Del Valle/El Dorado
3RD EXCHANGE: Hanks/Horizon

Exchange Zones:
4x100 Yellow

4X200: 1st/3rd EXCHANGE: Parkland/Ysleta
2nd EXCHANGE: Canutillo/Bel Air

4x200 1ST & 2ND White
3RD Yellow

800 BREAK-IN: Canutillo

MILE RELAY BREAK: Canutillo

4X400 EXCHANGES: Canutillo

4x400 Blue

Triple jump boards: 20' 24' 28' 32' 36' 40' (80' approach)

Starting Heights: Will be determined based on entries

Coaches' information:**Parking**

· Buses will enter through gate by Field House or South Desert Blvd. We will have security direct you to parking area.

Bathrooms:

· Bathrooms are located upstairs by Press Box and by the concession stand underneath the scoreboard.

Trainers:

· Our trainers will provide water on the field, and lower fields.

· Please tell your athletes to bring their own water bottles to the meet

· There will be a station for the athletes to refill their bottles as needed

· Please have your athletes taped and treated before they come to the meet. Our trainers will be there to assist any new injury at the meet but not to tape kids before they compete.

Team Areas:

· Athletes not competing should be in the stands. The field is for warm-up only. No "team camps". Please help us with this.

· Tents will be allowed in the upper half of the stands.

· Hurdles will be on the field for warm-up.

Additional Information:

· Trash cans will be located around the field, please have your kids clean up their area

· Workers/coaches need to bring their own tape measurer, clip board, pencils and measuring sticks to work the event assigned to you

· Hospitality will be provided at the meet. In the Press Box.

· Concessions stand will be open.

· Remind your athletes that they can no longer run backwards on the runways (UIL guidelines)

· We will start on time so please let your athletes know that they need to report to their field events to get marks 30 minutes prior to the start of the event

· Blocks will be provided and located near the start of each race. Athletes may use block holders.

· Medals will be given to 1st -3rd.

UIL Entry Form

https://www.uiltexas.org/files/athletics/TF_Entry_Form.pdf

Track & Field Protest Form

https://www.uiltexas.org/files/athletics/State_Tf_Protest_Form.pdf

Relay Card

https://www.uiltexas.org/files/athletics/Relay_Cards_with_Alternates.pdf

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Monday, April 4

3:00 PM	Pole Vault	Varsity Girls followed by 9 th /Open Girls together	completed
	High Jump	Varsity Boys followed by 9 th /Open Boys together	completed
	Discus	Varsity Boys then Open Boys	completed
	Shot Put	Varsity Girls then Open Girls	completed
5:00 PM	Pole Vault	Varsity Boys followed by 9 th /Open Boys together – Wednesday @ 3PM	
	High Jump	Varsity Girls followed by 9 th /Open Girls together – Wednesday @ 3PM	

Tuesday, April 5

Wednesday, April 6

Field Events

3:00 PM	Long Jump	Varsity Girls, Open Girls, 9 th Girls
	Triple Jump	Varsity Boys, Open Boys, 9 th Boys
	Discus	9 th Girls, Open Girls
	Shot Put	9 th Boys, Open Boys
	Pole Vault	9 th /Open Boys together
	High Jump	9 th /Open Girls together

Running Events Girls, followed by Boys

4:00 PM	3200 – meter Run	9 th Girls, Open Girls, 9 th Boys, Open Boys
5:00 PM	100 – meter HH Prelims Girls	
	110 – meter HH Prelims Boys	
	100 – meter Dash Prelims	Girls, then Boys
	800 – meter Run Prelims	Girls, then Boys (if needed)
	15 Minute Break	
	400 – meter Dash Prelims	Girls, then Boys

Thursday, April 7

Field Events

5:00 PM	Long Jump	Varsity Boys, Open Boys, 9 th Boys
	Triple Jump	Varsity Girls, Open Girls, 9 th Girls
	Discus	Varsity Girls, 9 th Boys
	Shot Put	Varsity Boys, 9 th Girls

Running Events

6:00 PM	3200 – meter Run	Varsity Girls, Varsity Boys
	300 – meter Int. Hurdles Prelims	Girls, then Boys
	200 – meter Dash Prelims	Girls, then Boys
	1600 – meter Run	9 th Girls, Open Girls, 9 th Boys, Open Boys

Friday, April 8

Running Finals – 9th Girls, Open Girls, Varsity Girls, 9th Boys, Open Boys, Varsity Boys

- 5:00 PM** **National Anthem**
- 5:10 PM** **Senior Recognition**
- 5:30 PM** 4 x 100 – meter Relay
800 – meter Run
100 – meter High Hurdles
110 – meter High Hurdles
100 – meter Dash
100 – meter Dash Wheel Chair
4 x 200 – meter Relay
- 15 Minute Break
- 400 – meter Dash
300 – meter Int. Hurdles
200 – meter Dash
1600 -meter Run
- 15 Minute Break
- 4 x 400 – meter Relay