

JV REGION SCHEDULE

FULL SCHEDULE

Starts @ 2:00pm

100/110m Hurdles

100m

1600m

4x200m Relay

400m

800m

4x100m Relay

300m Hurdles

200m

3200m

4x800m Relay

4x400m Relay

Starts @ 2:00pm

Girls High Jump

Girls Shot Put

Girls Javelin

Boys Long Jump

Boys Discus

Boys Pole Vault

Followed by:

Boys High Jump

Boys Shot Put

Boys Javelin

Girls Long Jump

Girls Discus

Girls Pole Vault

Event Assignments for JV Region

Pole Vault - Lone Peak High Jump - Pleasant Grove Long Jump - American Fork

Shot Put - Corner Canyon Discus - Westlake Skyridge - Javelin

Relay Exchanges/Hurdles - Everyone