

**41st ANNUAL SHANE BROCK MEMORIAL TRACK MEET  
LANDER VALLEY HIGH SCHOOL  
MAY 8, 2021**

- Entry Fee:** \$100.00 for each school (boys and girls combined)
- Entries:** Due on RunnerCard by 7:30 a.m. on Sat., May 8. Maximum of four events per athlete. Unlimited entries per event, and up to two relay teams.
- Scratches:** Should be made Saturday morning before 7:30 a.m. on RunnerCard. No additions will be allowed.
- Equipment:** Shot and discus weigh-ins will be at 8:30 in the track shed near the finish line.
- Rules:** NFHS rules will apply. This is a WHSAA qualifying meet. FAT timing system will be used.
- Throws/jumps:** Throwers and jumpers will be allowed three tries. Top nine to finals for three more tries. Attempts that do not clear these minimum throw lines will not be measured: Boys Disc: 80 feet/ Girls Disc: 60 feet/ Boys Shot: 30 feet /Girls Shot: 25 feet
- Hospitality:** Pizza and water will be provided to coaches and workers for lunch by the track shed around noon.
- Packets:** Packets can be picked up in the press box. Packets include order of events, WHSAA qualifying form, invoice, and trash bag for camp cleanup.
- Parking/Team Camps:** No team camps on the football field. Also, no sunflower seeds, pop, or colored drinks on the turf.
- Contacts:** Ben Gose, [bgose@landerschools.org](mailto:bgose@landerschools.org)  
Serol Stauffenberg, [sstauffenberg@landerschools.org](mailto:sstauffenberg@landerschools.org)

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**ORDER OF EVENTS**

FIELD EVENTS

**9:30 a.m.** Girls High Jump, followed by Boys  
Girls Discus, followed by Boys  
Boys Shot Put, followed by Girls  
Boys Pole vault, followed by Girls  
Girls Long Jump, followed by Boys  
Boys Triple Jump, followed by Girls

TRACK EVENTS

Girls followed by boys. All running events will be timed finals.

**9:30 a.m.** 4x800 Meter Relay

11 a.m. Sprint Medley Relay  
Girls 100 Meter Intermediate Hurdles  
Boys 110 High Hurdles  
100 Meters  
1600 Meters  
4x100 Relay

20 min. break--recognition of senior Lander Valley HS track athletes

400 Meters  
300 Meter Hurdles  
800 Meters  
200 Meters  
3200 Meters  
4x400 Meter Relay



# INVOICE

## Shane Brock Invitational Track Meet

May 8, 2021

Entry Fee - \$100.00  
(\$50/gender)

School: \_\_\_\_\_

Payable to Lander Valley High School Activities  
350 Baldwin Creek Rd.  
Lander, WY 82520

