

HERNANDO INVITATIONAL TRACK & FIELD 2023 AT THE EL DORADO H.S. – MEET INFORMATION

Welcome to the 2023 Hernando Track & Field Invitational at El Dorado H.S.! Thank you Coaches for dedicating your passion, time, and energy to ensure a fun and successful Track & Field season for Socorro I.S.D.'s student/athletes and of course for the help you will provide us to ensure a successful meet.
Thank you and Good Luck Everyone!

Competing Schools/Teams:



Scratch meeting and Hospitality will be located in the Varsity Football Locker Room. Coaches meeting at 7:40 a.m. Scratch upon arrival.

Starts promptly @ 8:00 am	Estimated Start: 10:00 am	<u>Assignments</u>	<u>Field Events (3 Attempts)</u>
<u>Boys Events in Order (7th/8th)</u>	<u>Girls Events in Order (7th/8th)</u>	Antwine – High Jump	Will start with 7 th grade Long Jump and 8 th grade Triple Jump then switch
300M Hurdles (Girls 300m 1 st)	100M Hurdles	Clarke – Discus	Will start with 7 th Shot Put and 8 th Discus then switch
2400M	2400M	Drugan – Shot Put	High Jump – will start with 8 th grade (Starting Height 4'0" for girls, and 4' 4" for boys.) ***3 Attempts at Each Height.
4x100 Relay	4x100 Relay	Hambric – Long Jump	High Jump – if a student/athlete is participating in High Jump they must attend that event first and complete it to move up with the height before moving onto their next field event.
800M	800M	Montwood M.S. – Triple Jump	
100M	100M	Sanchez – All Relay Exchanges, Cut-in for 800m and 4/400m Relay	
4x200 Relay	4x200 Relay	Sybert – assist Hernando with Hurdle Crew, timing, etc.	
400M	400M	*All schools please bring measuring tapes and white sticks for jumping/throwing events)	
200M	200M		
1600M	1600M		
4x400 Relay	4x400 Relay		
110M Hurdles			

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Below is more important information and notes as well as a campus map and key to pass on regarding our Hernando Track & Field Meet Invitational at El Dorado H.S. on April 1, 2023:

1. Camps – when you arrive on campus, you may set up camp on the Bleachers located on the Visitors' Side (bleachers closest to the outdoor basketball and tennis courts.) *Have your buses drop off your teams on the Edgemere entrance/exit.
2. Spectators – spectators may sit on the Bleachers located on the Home Side of the field/track (closest to the softball field.)
3. Warming Up – Coaches, it is important that you use the field behind the Visitors' Bleachers for warming up. To preserve the new football/soccer field, we are looking to avoid having hundreds of kids stepping on the turf especially if they have spikes.
4. Scratch Meeting and Hospitality Room will be in the Varsity Football Locker Room located in the building closest to the finish line of the track. We will have a coaches' meeting to ensure everyone is clear on responsibilities and assignment at 7:40 a.m. but you may begin scratching athletes as soon as you arrive on campus (only scratches are permitted-no changes.) There will be a light breakfast provided in the morning with lunch coming at around 11 a.m. (drinks/snacks available throughout.)
5. Restrooms – student/athletes and the public may use the restrooms located in the Concession Stand building which is by the softball field. Coaches may use the indoor restrooms by to our Hospitality Room.
6. The plan is to begin the meet promptly at 8 a.m., so please have your student/athletes ready for that start time. For field events have your Lady athletes begin getting their marks and "run throughs" so they too are ready at 8 a.m. ***Keep in mind, girls will be running 300m Hurdles at the beginning of the meet.
7. Every school will have a responsibility assigned to them for the meet (see "Assignments" above,) so please bring your tape measures and measuring sticks.
8. We'll look to combine and waterfall all the heats for the 1600m and 2400m runs. This will be discussed at our 7:40 meeting.
9. A special thank you goes out the Admins of Hernando M.S. and El Dorado H.S. for helping us organize this event, to the El Dorado H.S. Football and Track & Field Coaches for all of their assistance and of course you Coaches for the "grind."

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