

# CASTLE VALLEY ATHLETIC ASSOCIATION TRACK MEET

MAY 5, 2023

EMERY HIGH SCHOOL

9:00 Officials Meeting, at the announcers stand.

9:30 Athletes in playing area ready to start.

## TRACK EVENTS

### GIRLS THAN BOYS

100m hurdles - FINALS

Medley Relay - 2, 2, 4, 8

100m dash - FINALS

800m Run - FINALS

200m run - FINALS

400m run - FINALS

1600m run - FINALS

400m Relay (4x100) - FINALS

## FIELD EVENTS

Boys' longs jump - FINALS

Boys' shot put - FINALS

Girls' high jump - FINALS

Girls' discus - FINALS

Girls' softball & javelin - FINALS

All morning field events start at 9:30

Boys' high jump - FINALS

Boys' discus - FINALS

Boys' softball & javelin - FINALS

Girls' long jump - FINALS

Girls' shot put - FINALS

These events will start at the end of  
the previous event