

Region 19 Track and Field Championship

May 13, 2021

Carbon High School

Schedule of Events

3:30 Coaches Meeting
Implement weigh-in

Girls will compete first, followed by boys

Timed Finals – Start time 4:00 pm

Field Events – Start Time 4:00 pm

1600 m

High Jump Boys/Girls

100m

Long Jump Girls/Boys

110m Hurdles

Shot Put Girls/Boys

400m

Discus Boys/Girls

300m Hurdles

Javelin Boys/Girls

200m

3200m

800m