

2022 Nyle Norris Invitational
Hosted By Richfield High School - Richfield, Utah
State Qualifying Track and Field Invitational
Saturday, April 9th @ 9:00 a.m.

General Meet Information:

1. Coaches Meeting:

A Coaches Meeting will be held Saturday, April 9th at 8:30 a.m. at the finish line.
A Team packet with heat sheets will be available for coaches at that time.

2. Entry Fees:

\$75 per team. (This fee will be waived if your school will be in charge of a field event)
No individual registrations

3. Submitting Your Entries:

All entries will be taken via the internet at www.runnercard.com. Look for the 2022 Nyle Norris Invitational link.

Entries for the meet are due on RunnerCard on Thursday, April 7 by 6:00 p.m.
Only scratches will be accepted after that time. No additions or substitutions will be accepted after that time.

We will seed individuals according to the times/marks so please be accurate in entering the information on RunnerCard.

Lanes with scratches will be left empty. Events will not be reseeded.

4. Number of Entries:

Athletes may only participate in up to 4 events, including relays.

Teams may enter up to 5 athletes per running event and 5 athletes per field event.

Teams may enter only one relay team per event.

5. Meet Rules and Scoring:

NFHS and UHSAA rules will govern the meet.

Scoring will be 10, 8, 6, 5, 4, 3, 2, 1, - eight places for Individual Events and Relays.

6. Awards:

Medals will be given to the Top Three Finishers in individual events and 1st Place in each relay.

Team trophies will be given to the meet champions.

7. Number of Attempts:

Throwers and jumpers will be allowed 3 attempts. Only the 1st attempt will be measured unless they meet the minimum mark.

Minimum Marks:

Boys		Girls	
SP	30'	SP	20'
Discus	80'	Discus	60'
Javelin	100'	Javelin	70'
Long Jump	15'	Long Jump	12'
High Jump	5' starting height	High Jump	4' starting height

The top nine athletes from the preliminary flights advance to finals for an additional three attempts for Discus, Javelin, Shot Put, and Long Jump.

8. Throwing Implements:

All throwing implements will be weighed and certified according to NFHS and UHSAA rules.

Make sure your athletes are using IAAF javelins and that other throwing implements meet the standards.

9. Timing:

A Finish Lynx system will be used.

All races will be timed finals.

Please provide accurate times when putting entries into RunnerCard for seeding purposes.

10. Stickers:

Only the following events will be stickered: 800 M, 1600 M., 3200 M, and 4X400 M Relay (last leg), and Medley Relay (last leg).

Each sticker should have the athletes First and Last Name, Event, and School.

Other helpful information:

Concessions will be available. Bathrooms are located on the north end of the track. Results will be posted as soon as possible near the concessions area after the completion of each event. Final results will be posted to RunnerCard following the completion of the meet.

Questions concerning the meet should be directed to:

Jim Monsen – james.monsen@seviersd.org or (435) 893-1355

Carma Barnett – carma_barnett@yahoo.com or (405) 595-1208

Nyle Norris Invitational Track and Field Meet

April 9th, 2021

Schedule of Events

8:30 a.m. Coaches Meeting at the Finish Line
Implement weigh-in

Girls will compete first, followed by the boys.

Timed Finals -- Start Time 9:00 p.m.

Field Events – Start Time 9:00 p.m.

Medley Relay

High Jump Boys 5' starting height

4x800

Long Jump Girls 12' min.

100 M Hurdles

Shot Put Girls 20' min.

110 M Hurdles

Discus Boys 80' min.

100 M

Javelin Boys 100' min.

1600 M

4x100 M Relay

400 M

300 M Hurdles

High Jump Girls 4' starting height

4x200

Long Jump Boys 15' min.

800 M

Shot Put Boys 30' min.

200 M

Discus Girls 60' min.

3200 M

Javelin Girls 70' min.

4x400 M Relay

**There will be trials and finals in the field events. After 1st attempt, athletes must meet minimum mark to be measured. Top nine will qualify for finals.