



**Camel Qualifier Track Invite**  
**Campbell County High School**  
**May 3, 2019**



**GENERAL INFORMATION & INSTRUCTIONS**

**\*Parking - Please park in the lot on the east side of the track. Do not park on the fence line on the South end of the parking lot until after the school day buses have departed (approximately 4:00 p.m.). No bus parking will be allowed behind the press box.**

**SCHOOL CLASSIFICATION**

The meet will run as a one-class meet.

**CHECK-IN/SCRATCHES**

Coaches' packets containing announcements, qualifying standards and reporting forms will be available at the SOUTH END OF THE STADIUM BY 9:30 A.M. ON FRIDAY. **Scratches for running events should be made when packets are picked up and brought to the top level of the press box.** Scratches for field events may be made at the event site.

**TRACK WARM-UP**

The track will be available for warm-up at 9:00 a.m. unless other arrangements have been made.

**TOWELS**

Towels will not be furnished.

**VALUABLES**

Campbell County School District will not be responsible for any person's belongings or school items lost.

**PARTICIPATION RULES**

1. Entries will be unlimited.
2. The maximum number of events a contestant may enter shall be four (4).
3. We will adhere to the 2019 NFHS Track & Field Rule Book.

**ENTRIES**

Entries will be done on *RunnerCard.com* and are due by 8:00 a.m. May 3<sup>rd</sup>. Please list contestants in order of ability and include their true time or distance. ***Please make sure to enter a coach's contact number on RunnerCard for Friday morning in case of cancellation.*** No team fees will be collected for this meet.

**SEEDING**

Athletes will be heated and seeded according to actual entry times. Please be as accurate or as realistic as possible to be fair to all athletes. **There will be prelims and finals in the 100M Dash and 100/110M Hurdles only.** Athletes will qualify for the finals according to the eight fastest prelim times.

**WEIGH-INS**

Pole Vault weigh-ins and pole checks will be in the shed by the pole vault pit and Shot Put and Discus weigh-ins will be in the shed under the south side of the stadium. All weigh-ins will begin at 9:00 a.m.

## REPORT TIME

Contestants must report by third/final call of the event. Track contestants should place themselves in the assigned lanes as listed. Contestants not reporting on last call will be scratched. Report to the North end of the track. **Running events begin at 11:00 a.m.**

## SPIKES

No one will be allowed on the track unless they have 3/16" or less pyramid spikes or running flats.

## ALLEY STARTS

One turn alley starts will be used for the 800M Run, the 1600M Run and the 3200M Run.

## STARTING BLOCKS

Starting blocks will be furnished by the meet management.

## AWARDS

Medals will be given for 1<sup>st</sup> – 6th place. Awards will be given to first place teams.

## FIELD EVENTS - **Begin at 10:00 a.m.**

- A. Runways for the long jump, triple jump, pole vault and high jump will be on a synthetic surface.
- B. Take off boards for the long jump and triple jump will be 12" wide synthetic surface.
- C. Shot and Discus will be thrown from cement pads.
- D. In the high jump and pole vault, each competitor will receive a maximum of three (3) attempts at each height.
- E. Throwers will receive three (3) attempts and the top nine (9) will go to finals.
- F. Triple jump and long jump competitors will receive three (3) attempts and the top nine (9) will go to finals.
- G. Pole Vault
  - Boys Division Starting height 10'4"
  - Girls Division Starting Time - After the boys division
  - Starting Height - 7'0"
- H. High Jump starting heights: Boys 5'4" Girls 4'4"

This is a WHSAA Sanctioned Meet for Qualifying state meet times. Please be sure to check with Cliff Hill, Meet Director before you leave the meet to make sure your athletes who might have made a qualifying time, distance or height are on the official track qualifying standard report form.



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**FIELD EVENTS - BEGIN AT 10:00 AM**

These events begin at 10:00 am:

Boys Pole Vault - North End  
Girls High Jump - South End  
Boys Shot Put - East Side  
Girls Discus - East Side  
Boys Long Jump – East/North End  
Girls Triple Jump – East/South End

These events follow immediately:

Girls Pole Vault - North End  
Boys High Jump - South End  
Girls Shot Put - East Side  
Boys Discus - East Side  
Girls Long Jump – East/North End  
Boys Triple Jump – East/South End

**RUNNING EVENTS – BEGIN AT 11:00 AM**

**Girls will run each race first, followed by boys. This is a rolling schedule and competitors need to listen to the PA system for 1<sup>st</sup>, 2<sup>nd</sup> and final calls.**

**EVENT**

Sprint Medley  
3200M Run  
100/110M Hurdle Prelims  
3200M Relay  
100M Dash Prelims  
1600M Run  
400M Relay  
100/110M Hurdle Finals  
100M Dash Finals  
400M Dash  
300M Hurdles  
800M Run  
200M Dash  
1600M Relay

**TIME**

11:00 am

Cliff Hill – Meet Director  
Work Phone Number - (307) 687-0369  
Cell Phone Number – (307) 660-0652